



# Judo at Bushy School

## SEPT 2018

Fighting Fitness Judo will be running a AFTER school Judo Club at Bushy Junior School. Our Judo classes will help children develop fitness, gain new skills, build confidence, make new friends, learn respect, discipline, but more importantly have fun! We offer all of the children the opportunity to take part in gradings, competitions, holiday camps and additional club classes (additional costs).

**Why Judo? Get fit and gain new skills, build confidence and make new friends, learn respect and discipline, and most importantly HAVE FUN!**

**Where:** Bushy Junior School

**When:** Thursdays 3.20- 4.05pm

**Term dates:** Thursday 27th September- Thursday 6th December (No Judo- w/c Monday 22nd October - Half term)

**Cost:** £65 per child

If your child would like to take part in a regular Judo class please enrol online at [www.fightingfitnessjudo.com/book-online](http://www.fightingfitnessjudo.com/book-online) all places are limited and allocated on a first come first serve basis. Please note payments made through our website will show as "Participant" on your bank statement.

Fighting Fitness Judo is proud to coach over 750 children of all levels and abilities, from grass roots all the way through to National Champions... could you be our next Champion?

Kind regards

**Sam & Vince**

**Tel:** 07736 940 832

**Email:** [info@fightingfitnessjudo.com](mailto:info@fightingfitnessjudo.com)