

# **The Bushy Bulletin**



# Working Together, Learning Together, Growing Together

4<sup>th</sup> March 2022

#### Dear Parent/Carer

Welcome back to the second half of Spring Term - I hope you managed some rest and fun during the holiday. We are zooming through the term and enjoying a great range of learning opportunities both within and outside the classroom. Whether it is investigating flowers in Year 3, designing Roman shields in Year 4, zooming with a Maya expert in Year 5 or today's Evacuee Day in Year 6, the children (and staff!!) are having a great time!



We thoroughly enjoyed celebrating World Book Day yesterday and I hope the children shared all the fun activities that they got up to during the day. We are always so grateful for the time and effort families make to ensure the children are fully engaged with these events. Check out the official World Book Day song by MC Grammar! <u>https://www.youtube.com/watch?v=ZpTkjssrL4k</u>



Thank you for all your donations and the delicious cakes! We have managed to raise

£512 towards new books and developing an outdoor library. Thank you - your generosity means all of the children will benefit from further opportunities with their reading.

## Costumes

On the subject of dressing up/themed days, we are very conscious of the stress that this can cause and that there can also be a financial consideration. We would never expect families to spend out for these days. We hold some stock in school and staff have wonderfully creative ideas that don't cost much. If you have any spare costumes that you would like to donate, please do so, likewise, if you wish to borrow something, please let your child's class teacher know.

We have a second hand uniform sale next Friday and we can collect any donations then - thank you.

#### Ukraine

We are all fully aware of what is happening in Ukraine and would like to help as best we can. One of the dad's at George Abbot is arranging a collection of items that he will be taking to Ukraine. If you have any of the following that you would like to donate, please bring them into school next week:

- Non perishable foods e.g canned goods, pasta, rice
- Warm clothes for children or adults (new or in good condition)
- Blankets/bed linen
- Sleeping bags
- Nappies
- Wipes, toiletries, sanitary products
- First aid kits, bandages, dressings

There are further articles and links at the bottom of the newsletter that provide advice on how to support our children who have worries about the conflict.











## Stationery

A reminder about stationery - please check regularly with your child that they have the correct equipment in school at all times and replenish their pencil cases as required. This year we have provided significantly more resources and our stocks are depleted. We have a very competitively priced stationery shop each Friday, please take a visit to restock!

## Anti-bullying

As mentioned in a previous newsletter, we now have a number of Year 4 - 6 children trained as Anti-Bullying Ambassadors. One task associated with their role and the work they are doing this year, was to update our policy. Please find a useful document attached and the policy can be found on our website here: <u>https://www.bushy-hill.surrey.sch.uk/information/policies</u> There is reference in this to a 'Ready to Learn' policy – this is referring to a new title for our Behaviour Policy which we are working on as a school in the coming weeks.

# **Messages from Surrey**

The Safer Travel Team at Surrey County Council are **recruiting for Walking Instructors** to run their new **Feet First: Walking Training programme**. Please see the attached letter providing further detail about the course and the role.

Our school are assisting Surrey County Council's Safer Travel Team to undertake research with parents on pupils' types of travel to and from school. This follows the huge success that the previous survey had, with over 13,000 parents and guardians completing the survey.

As a direct result the county council are considering additional investment in walking and cycling measures outside schools to make walking and cycling and scooting to school easier and safer.

In response to the survey The Safer Travel Team are launching a new Walking Training programme in June 2022 for Year 3 pupils across Surrey's primary schools. This will be delivered by a team of trained Walking Instructors and the course will be taught through a series of in-class and on-road practical training modules.

By offering this new programme at Year 3, it blends with other initiatives such as Cycle Training (Bikeability level 1 and 2). The training course will provide pupils with the necessary foundational road safety skills to better enable them to safely walk to and from school with their parents and carers, preparing them for safe, independent travel in the future. If you would like to find out more, please email <u>safertravelteam@surreycc.gov.uk</u>

The objective of the research is to develop a better understanding of the different types of travel, how frequently they're used, why that type is used. Once the Safer Travel Team have collected and analysed this information provided by parents, their goal is to obtain a better understanding of journeys to school, so they can continue encouraging safer and more active travel to school for all children in Surrey.

Please could I ask that you review and complete the survey using the link below. The deadline for completion of the survey is <u>11.59pm on 21<sup>st</sup> March 2022</u> and the survey should be completed for each child that attends our school. If you have another child which attends a separate secondary school, please complete another survey which will be coming out shortly.

Primary School Travel Survey 2022 - Surrey County Council - Citizen Space (surreysays.co.uk)











# Safeguarding and Well-being

<u>Yubo</u> – a live streaming app

Gaming

How to help your child with in gaming bullying

Support for those who are colour blind:

https://www.cheshirefa.com/inclusion/colour-blind-awareness

The Colour Blind Awareness charity: <u>https://www.colourblindawareness.org/about-us/</u>

As always, please get in touch with any suggestions, questions, comments or concerns. Thank you for your ongoing support. Don't forget to follow us on Twitter: @bushyhilljs

Have a fantastic half term!

Best wishes

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Mrs L. Dormer Head Teacher











## Supporting Children with worries about what is happening in Ukraine

https://educationhub.blog.gov.uk/2022/02/25/help-for-teachers-and-families-to-talk-to-pupilsabout-russias-invasion-of-ukraine-and-how-to-help-them-avoidmisinformation/?utm\_medium=email&utm\_source=govdelivery

https://www.bps.org.uk/news-and-policy/supporting-children-manage-anxiety-over-war-conflictand-crises

As hostilities in Ukraine escalate, children may see and hear things about the crisis in the news, leading to feelings of uncertainty, anxiety and fear, which parents and caregivers need to address, Save the Children's psychologists warn.

Ane Lemche, a psychologist and child counsellor with Save the Children, said children around the world might not fully understand what is happening in Ukraine and may have questions about the images, stories, and conversations they are exposed to.

Previous Save the Children <u>research</u> in conflicts such as Iraq and Syria has revealed heartbreaking accounts of children terrified by the shelling and airstrikes, anxious about the future, and distraught at not being able to go to school. The majority of children showed signs of severe emotional distress.

"What is happening in Ukraine can be frightening for both children and adults. Ignoring or avoiding the topic can lead to children feeling lost, alone and more scared, which can affect their health and wellbeing. It is essential to have open and honest conversations with children to help them process what is happening," said Ms. Lemche.

Experts at Save the Children share five tools and tips that caregivers can use to approach the conversation with children:

## 1. MAKE TIME AND LISTEN WHEN YOUR CHILD WANTS TO TALK

Give children the space to tell you what they know, how they feel and to ask you questions. They may have formed a completely different picture of the situation than you have. Take the time to listen to what they think, and what they have seen or heard.

## 2. TAILOR THE CONVERSATION TO THE CHILD

Be mindful of the child's age as you approach the conversation with them. Young children may not understand what conflict or war means and require an age-appropriate explanation. Be careful not to over-explain the situation or go into too much detail as this can make children unnecessarily anxious. Younger children may be satisfied just by understanding that sometimes countries fight. Older children are more likely to understand what war means but may still benefit from talking with you about the situation. In fact, older children will often be more concerned by talk of war because they tend to understand the dangers better than younger children do.











## **3. VALIDATE THEIR FEELINGS**

It is important that children feel supported in the conversation. They should not feel judged or have their concerns dismissed. When children have the chance to have an open and honest conversation about things upsetting them, it can create a sense of relief and safety.

## 4. REASSURE THEM THAT ADULTS ALL OVER THE WORLD ARE WORKING HARD TO RESOLVE THIS

Remind children that this is not their problem to solve. They should not feel guilty about playing, seeing their friends, and doing the things that make them happy. Stay calm when you approach the conversation. Children often copy the sentiments of their caregivers – if you are uneasy about the situation, chances are your child will be uneasy as well.

## 5. GIVE THEM A PRACTICAL WAY TO HELP

Support children who want to help. Children who have the opportunity to help those affected by the conflict can feel like they are part of the solution. Children can create fundraisers, send letters to local decision-makers or create drawings calling for peace.









