

Working Together, Learning Together, Growing Together

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Dear Parent/Carer

What a perfect day for an obstacle course! It had been such good fun and the children (and staff!) have loved it! The staff also loved spraying their classes as they came through the water tunnel! Thank you for all your donations over £2,500 and to our wonderful PTA chair Chris Sciberras who has been working tirelessly to plan and organise this event. Thank you to all members of the PTA, today's volunteers and any donations for the course - we could not have done it without you. Definitely something we want to keep as an annual event!



It was a great way to end SATs week. I cannot tell you how proud I am of our Year 6s who have shown such resilience and positive mindset each day. They really have tried their best and that is all we asked of them. I hope they enjoy a lovely weekend to recover!

Values

This term we are focusing on our value: **Perseverance**.

A great example of this: Charlie K kept going in spite of some really tricky hills and spectacular falls, which initially dented his confidence at a new BMX track last weekend. He learnt that with a little more practice and determination he could 'do it'.

Well done Charlie - you should be very proud!

Please send in your examples if your child demonstrates any of our values.

PGL

What a fantastic week the Year 5s had last week! I have had such positive feedback from staff, parents and the children.

Last week we went to PGL Hindhead and had the best time ever! All the activities were interesting and fun, the canteen was very clean and neat and the food was delicious!



Our favourite activity was the 'Leap of Faith' - a really tall ladder that we had to jump from and touch a balloon. We also enjoyed the zip line; although it was very high, we came down very fast! Abseiling was scary - it felt like we would fall, but once we were half way down it was ok! The accommodation was comfy and we loved staying away from home! Thank you to all the staff and helpers for making it such a great week.



Noah N. and Charles

Swimming gala

Last Tuesday a Year 4 team went to Boxgrove School for a swimming gala. It was great fun! We were chosen to do different strokes: backstroke, front crawl and breaststroke. We had to use floats as body boards and use different equipment in the races. At the end there were relays that we were all involved in. We hope we can swim in galas again!

Isabelle and Amy

Rev Rona visit

This term we have been learning about Holy Communion in RE. We were very lucky to have a visit from Rev. Rona and Hannah, who taught us a lot of facts about the special occasion. Children wear white as it shows they are pure, the people are served bread and wine and the priests wear different robes (depending on the season). The chalice that the wine is served in, is usually gold or silver. The bread and wine are blessed before serving. Another name for Holy Communion is 'Eucharist' and it is based on the last supper.

Lois and Katherine

Another Bushy baby!

Congratulations to Mr Pariera and his wife who are expecting their first baby in the Autumn. We will have a hat-trick of Bushy babies next term!!

PTA updates

We are still looking for a suitable candidate to take on the role of Chair of the PTA. This can be a shared role and is one that has a lot of support from the committee members and volunteers within the school community.

The next meeting is on 18th May to discuss the Summer Fair!

Child Protection and Safeguarding

Please find below a range of resources and information to support children and their families. There is also a tab on our website with information about supporting the wellbeing ourselves and others:

<https://www.bushy-hill.surrey.sch.uk/information/mental-health-and-wellbeing>

Mental Health Awareness Week

This year's theme for Mental Health Awareness Week is loneliness. Feeling lonely is something that we all can experience at any point in our lives. It can make us feel isolated and have a negative impact on our wellbeing. There are lots of simple things you can do to lift someone out of loneliness and in doing so, it might help you to feel less lonely too.

[Loneliness](#)

[Take a quiz](#)



Childline is here for young people of all genders. But we know that some people find it harder to talk about their mental health than others, and this can leave them feeling isolated or alone. Whatever's going on inside, #WeAllFeelIt, and we can help you get it out. The NSPCC has launched a new Childline campaign 'We All Feel It', which supports young people, particularly males, struggling to reach out for mental health support. The campaign encourages young people to access Childline resources online to find new ways to cope with thoughts and feelings, and to contact Childline to talk about what they're going through. It also includes a short video showing the emotions that young males feel in their day-to-day lives and provides links to relevant guidance and support on the Childline website, including: 1-2-1 counsellor chats; tools to find new ways of coping; and message boards to share stories and gain support from others. **We All Feel It | Childline**

The South West Grid for Learning (SWGfL) has published resources about the digital wellbeing of children and young people. The guidance aims to assist professionals, parents and carers in supporting children's wellbeing online. It looks at the impact of exposure to abuse or online harm on a child's digital wellbeing and provides information on the role of digital technologies in relation to welfare. **Digital wellbeing**



YMCA EAST SURREY

Children's Wellbeing Parent Workshops

Proud to be part of
Mineworks Surrey
The children and young people's emotional wellbeing and mental health service

YMCA East Surrey's Community Wellbeing Team invites you to attend our free online parent workshops:

- ▶ Talking to your child and supporting them to cope with worries
- ▶ Understanding, expressing and managing emotions

These workshops are suitable for parents with children aged 8+. Our Community Wellbeing team will provide you with information and key strategies to support your child. There will also be time for you to ask any questions that you have via the online chat function.

Each workshop runs once a month; for dates and times and to book your place, please visit our website:
www.ymcaeast Surrey.org.uk/parent-workshops/

📞 @YMCAEastSurrey

YMCA | Here for young people
Here for communities
Here for you

NSPCC Learning has released a podcast focussing on shame and denial when working with children and young people who have displayed harmful sexual behaviour (HSB). The podcast discusses: what denial looks like and the ways it can present itself; how denial is dynamic and can change over time; what practitioners can do to put themselves in the shoes of the child or young person they're working with to understand why they might deny; how to build a trusting relationship with a child over time; and how to take a more therapeutic and trauma-informed approach.

Listen to the podcast: [Understanding denial in children displaying harmful sexual behaviour](#)

Listen to the podcast on

YouTube: <https://youtu.be/9-yj3C9Gcws>

[Safeguarding in After School Clubs](#)

[Discover a family app to support wellbeing and mental health](#)



Community Information

Have you considered fostering:

<https://mail.google.com/mail/u/0/?tab=rm#inbox/FMfcgzGpFqXZzgScLwqXtXJTmGcczQKn?projector=1>



Be Your Best is Surrey's **free** healthy lifestyle programme for families with a child or children aged 0-12 and above a healthy weight. Spaces on this programme are now available for this summer. www.bybsurrey.org.

Summer Reading Challenge:

Libraries will be once again running the Summer Reading Challenge aimed at primary children. Visiting a library is a great way for parents/carers to explore different types of books with their children, and Surrey Libraries have a fantastic range of online resources. You can find out more about what's happening at your local library [here](#). To find out about the Reading Agency's Summer Reading Challenge, please see their website: [Summer Reading Challenge](#)

The Cycle Training Team at Surrey County Council are recruiting for Bikeability Cycling Instructors

<https://www.surreycc.gov.uk/jobs/search/details?id=23517>

Don't forget to follow us on Twitter @bushyhilljs

Have a lovely weekend!

Dormer

Mrs L. Dormer
Head Teacher

